



# PositivelyMAD



## Develop your natural Goal Setting ability and achieve your dreams!

Discover Brian Mayne's **Goal Mapping** – the simple system for sustainable success



**Whatever your dream, Goal Mapping can help you achieve it. Throughout recorded history, the most successful men and women have been those who've learnt to develop their natural goal setting ability into a powerful skill for achievement.**

Goal setting is a natural function of the brain. Making a decision triggers a subconscious process that transforms the decision into a deed. Learning the most effective way to set goals is the number one prerequisite for success in any endeavour, for any individual, team, or organisation. The Goal Mapping system will powerfully impact your goals upon your subconscious. It is a combination of ancient wisdom and modern accelerated learning techniques, woven together with success principles into one holistic system, which appeals to everyone.

Where traditional goal setting techniques focus on left-brain words, only using endless repetition. Goal Mapping uses words and imagery - the language of the subconscious. It is the master skill for achievement in all areas of life: without doubt, the most powerful life empowerment programme for individual, educational or corporate achievement.

### Applications

Goal Mapping is a multipurpose human empowerment tool. It is a technique that can be applied in a number of different ways to achieve different objectives. These include: mapping, tracking, brainstorming, and future projecting. Every area of life – like any area of an organisation or group – needs to be goal orientated for success.

Twenty five weary and sceptical staff were re-energised and empowered by Brian Mayne's incredible Goal Mapping system. It is a technique that will give hope to our youngsters. We're confident it will help our students to re-focus on their learning by visualising a bright future and mapping the route to their dreams."

Dave Sharratt, Assistant Director,  
Leigh Park Education Action Zone

"Never have I been so impressed with any course"

S Surry, IBM

"Goal Mapping brought my life into focus in such a meaningful way. At a time of such great change, we all need to be clear about our direction and Goal Mapping does just that"

[www.positivelymadyorkshire.co.uk](http://www.positivelymadyorkshire.co.uk)

Gill Fielding

Alison Standen is a Licensed Goal Mapping Practitioner and fully accredited Performance Coach with the Coaching Academy.

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### Learn Goal Mapping the fun way at a Success Workshop

#### The Success Workshop

This one day workshop is focused on learning to steer change towards the direction of your desires through the process and technology of the unique whole-brain system, Goal Mapping. Learning to set and achieve objectives is the master skill of life as it is the skill that enables the achievement and learning of all other skills and objectives.

#### Workshop outline

Raise your awareness: gain clarity on reality • Create possibilities: tuning your beliefs to release your potential • Finding your balance: spreading success through all major areas of your life • Be 'on purpose' • Become fully 'response-able': learning how to choose your response • Maintain a positive focus • Seven fundamental laws of success

Seven steps of Goal Mapping: creating your own Goal Map and action plan for your future

Workshop format – participants will learn through: • Brief lecture sessions • Skill practices • Interactive work • Fully illustrated workbook.

