

GOAL MAPPING COACHING PACKAGE

A World-Class System for Raising Attainment



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OVERVIEW

The Goal Mapping Coaching Package is a wonderful opportunity for schools and learning establishments to show students how use personal development and life skills to take responsibility for their futures.

This life-changing package includes:

- Empowering and dynamic 2 ½ hour coaching workshop for up to 30 students
- Training by a world-class youth coach who will delight, motivate, inspire and energise students
- 30 x Professionally designed student workbooks which can be used as reference material after the course
- 30 x Student Goal Maps, which can be used as a basis for later review and discussion

The Goal Mapping Course is a truly inspirational and engaging experience which shows students how to release their 'inner genie' in order to raise attainment and reach meaningful self-set goals. It's an uplifting 2 ½ hour coaching workshop that motivates groups of up to 30 students to believe in themselves more by using powerful life-coaching skills and personal development techniques. Each session consists of two workshops: one for theory, one for practice.

During the session, students are invited to reflect deeply about what it is they really want in life. They are presented with the 7 Keys for Success as a means to unlock the future they wish to create for themselves:

1. You have a genie and the power to create magic
2. Your strongest thoughts and feelings become your genie's commands
3. Command your genie for success by thinking about what you want
4. The greatest success is to live in happiness, peace and plenty
5. You are always free to choose your thoughts and feelings
6. Choose happy thoughts about yourself and know that you are good enough
7. Live your best life by setting goals

Goal Mapping has been hailed as a 'universal tool for raising student aspiration' and helps students believe that they have the right to dream big, showing them how to create a strong inner drive to succeed. Already a huge success in the corporate world, Goal Mapping is now available as a youth coaching package and is one of Positively MAD's all time best-selling coaching programmes.

This course has two main aims:

- **To make students realise that they have the ability to make powerful changes in their lives in order to reach meaningful goals**
- **To motivate students to take responsibility for the lives they wish to live by empowering them with essential life-skills and personal development techniques.**

VALUE

When you book this hugely motivational and confidence-boosting coaching package, your students will experience:

- ✓ An outstanding training event delivered by one of our first-rate youth coaches, whose ability to inform and motivate will provide your students with a training session that they will always remember
- ✓ The power and effectiveness of essential life-skills and personal development tools
- ✓ A way of recording their aspirations so that their subconscious is directed to making them happen
- ✓ An uplifting, empowering and confidence-boosting coaching session

Plus, this terrific package includes:

- ✓ 30 x Professionally designed student workbooks which can be used as reference material after the course
- ✓ 30 x Student Goal Maps, which can be used as a basis for later review and discussion
- ✓ 1 x Teacher Feedback Form

Also, your teachers will receive:

- ✓ A Teacher Guide to the Goal Mapping process
- ✓ A short training session on the principles of Goal Mapping to use with students
- ✓ Offer of a Parent/Guardian session to explain the Goal Mapping course

RESULTS

This course encourages your students to:

- ✓ Believe in their ability to make their aspirations a reality
- ✓ Dream – and dream big
- ✓ Create a strong inner drive to succeed
- ✓ Understand the power of positive thinking states
- ✓ Understanding personal responsibility
- ✓ Use personal development tools as a life-long skill

As a result of this course, your students will:

- ✓ Be encouraged to take personal responsibility for their futures
- ✓ Create their own goal maps
- ✓ Have greater clarity and focus about the directions they wish to take
- ✓ Have a greater sense of self-belief
- ✓ Have more self confidence in setting and achieving goals

The Goal Mapping Coaching Package allows schools to:

- ✓ Target specific groups of students who most need to learn how to study efficiently
- ✓ Foster reflective practice in both staff and pupils
- ✓ Encourage students to use personal development tools

COURSE CONTENT

This course is suitable for one group of up to 30 students. This course consists of 2 sessions, each lasting 75 minutes.

Session

1: *The Fundamental Laws of Success*

- *You have the power within to create outstanding results.*
- *You can command your subconscious to help you achieve the things you want.*
- *Your strongest thoughts and feelings become your subconscious commands.*
- *Focus on what you want to achieve.*
- *Be responsible to choose your own thoughts and feelings.*
- *Choose positive thoughts and know you can achieve your desired goals.*

Session

2: *Design Your Own Destiny*

- *Create your future pathway to success*
- *Goal-set your way to outstanding results*
- *Make your goals personal, positive and in the present tense*
- *Build a compelling vision for your future*

ENDORSEMENTS – see our website for loads more testimonials

“A GREAT DAY”

“I would like to personally say a big thank you for the wonderful day we had today. Your talk on motivation was brilliant and had so many useful tips and bits of knowledge that I'm sure our students and staff will remember for a long time. It really did seem to mesmerise so many of our students; if only they acted like that in all of their lessons! I hope they will have taken away with them a more positive outlook on themselves and their goals as many of them are capable of so much; they just need to realise it! Hopefully you have shown them this can be easily done, especially with your final task of self-believe and positive thinking. Once again many thanks for a great day.”

Sam Baker
Teaching Assistant, King Alfreds



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Course Investment £325 Includes professional facilitator and all materials.